

# Scientific References

**1)** Hernández-Cerda J, Bertomeu-González V, Zuazola P, Cordero A. Understanding Erectile Dysfunction in Hypertensive Patients: The Need for Good Patient Management. *Vasc Health Risk Manag.* 2020 Jun 12;16:231-239. doi:10.2147/VHRM.S223331.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7297457/>

**2)** Diamanti-Kandarakis E, Bourguignon JP, Giudice LC, Hauser R, Prins GS, Soto AM, Zoeller RT, Gore AC. Endocrine-disrupting chemicals: an Endocrine Society scientific statement. *Endocrine Reviews.* 2009 Jun;30(4):293-342. doi:10.1210/er.2009-0002.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2726844/>

**3)** Loffredo E, Eliana Gattullo C, Traversa A, Senesi N. Potential of various herbaceous species to remove the endocrine disruptor bisphenol A from aqueous media. *Chemosphere.* 2010 Sep;80(11):1274-1280. doi:10.1016/j.chemosphere.2010.06.054.

<https://pubmed.ncbi.nlm.nih.gov/20638099/#affiliation-1>

**4)** Li W, Wan H, Yan S, Yan Z, Chen Y, Guo P, Ramesh T, Cui Y, Ning L. Gold nanoparticles synthesized with *Poria cocos* modulates the anti-obesity parameters in high-fat diet and streptozotocin induced obese diabetes rat model. *Arabian Journal of Chemistry.* 2020 Jul 1;13(7):5966-5977. doi:10.1016/j.arabjc.2020.04.031

<https://www.sciencedirect.com/science/article/pii/S1878535220301441>

**5)** Suh KS, Lee YS, Choi EM. The protective effects of Achyranthes bidentata root extract on the antimycin A induced damage of osteoblastic MC3T3-E1 cells. *Cytotechnology.* 2014 Dec;66(6):925-935. doi:10.1007/s10616-013-9645-4.

[https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4235941/#:~:text=bidentata%20is%20recommended%20to%20reinforce,\(Meng%20and%20Li%202001\)](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4235941/#:~:text=bidentata%20is%20recommended%20to%20reinforce,(Meng%20and%20Li%202001))

**6)** Aoyagi T, Hayakawa K, Miyaji K, Ishikawa H, Hata M. Sildenafil induced priapism. *The Bulletin of Tokyo Dental College.* 1999;40(4):215-217. doi:10.2209/tdcpublication.40.215.

<https://pubmed.ncbi.nlm.nih.gov/11933312/#affiliation-1>

**7)** Mo H, Zhang N, Li H, Li F, Pu R. Beneficial effects of *Cuscuta chinensis* extract on glucocorticoid-induced osteoporosis through modulation of RANKL/OPG signals. *Brazilian Journal of Medical and Biological Research.* 2019 Dec 5;52(12):e8754. doi:10.1590/1414-431X20198754.

<https://pubmed.ncbi.nlm.nih.gov/31826180/>

**8)** Chen J, Chiou WF, Chen CC, Chen CF. Effect of the plant-extract osthole on the relaxation of rabbit corpus cavernosum tissue in vitro. *The Journal of Urology*. 2000 Jun;163(6):1975-1980. PMID: 10799242.

<https://pubmed.ncbi.nlm.nih.gov/10799242/#affiliation-1>

**9)** Li Z, Lin H, Gu L, Gao J, Tzeng CM. Herba Cistanche (Rou Cong-Rong): One of the Best Pharmaceutical Gifts of Traditional Chinese Medicine. *Frontiers in Pharmacology*. 2016 Mar 1;7:41. doi:10.3389/fphar.2016.00041.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4771771/#:~:text=Herba%20Cistanche%20has%20been%20commonly,%2C%20and%20neuroprotection%2C%20and%20tonic>

**10)** Patel K. Schisandra: Research breakdown [Internet]. Examine, 2022 Sept 28 [cited 2023 Apr 26].

<https://examine.com/supplements/schisandra/research/>

**11)** Genuis SJ, Sears ME, Schwalfenberg G, Hope J, Bernhoft R. Clinical detoxification: elimination of persistent toxicants from the human body. *ScientificWorldJournal*. 2013 Jun 6;2013:238347. doi:10.1155/2013/238347.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3691527/>